

Your Investment in the Future

Your contribution not only provides food to the hungry today, you've invested in the long-term health of the community through nutrition education.

Feed the Future Children's Health Programs

Foodbank education programs from Food Literacy in Pre-School (FLIP) to Teens Love Cooking (TLC) teach kids to prepare and enjoy fresh foods to reduce obesity, and prevent cancer and diabetes.

NEW! Food Action Plan Comes to Life

Alma Cena Sana

This year, we launched our Community Food Access Center in Lompoc, a weekly program of community-based, intergenerational programs to build health and strengthen the community. Alma Cena Sana is a pilot program for others we'll create in three more neighborhoods that are identified as high need.

\$1 = 8 meals Here's how we do it:

Collaboration: We're a member of nation- and state-wide food distribution programs that leverage cooperative buying power and sharing networks to provide foods from USDA, Kellogg's, General Mills and more, and to move produce quickly among regions to balance variety and prevent food waste.

Grower Donations: Local farmers and distributors donated 1,208,000 lbs of fresh produce last year. Twelve "Hunger Relief Champions" each donated more than 30,000 lbs in 2017 alone.

Grocery Rescue: Large-scale retailers like Albertsons, Ralphs and Trader Joe's provided 3.36 million pounds of perishable foods last year, including dairy and bread items. We pick up from 65 store locations every week.

Backyard Bounty: Volunteers harvest fresh local produce grown in private gardens and orchards. Whether it's a few citrus trees, an orchard or a church garden, we improve health and prevent food waste by gathering and sharing homegrown fruits and veggies.



Program Impact Report

October 2017

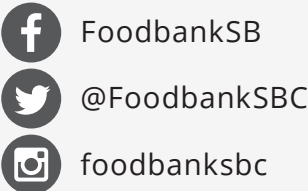


Foodbank of Santa Barbara County

Transforming Hunger into Health
through Good Nutrition



Follow Us!



Questions:

(805) 967-5741

Matthew Neal x116
mneal@foodbanksbc.org

Dan Thomas x101
dthomas@foodbanksbc.org



FOODBANK
SANTA BARBARA COUNTY

35 YEARS

FROM HUNGER INTO HEALTH

1982 - 2017

www.foodbanksbc.org

\$1 = 8 meals **1 in 4**

With your help the Foodbank turns every \$1 donated into 8 healthy meals.

People in SB County who receive food from the Foodbank

Thank you for turning hunger into health for the 1 in 4 Santa Barbara County residents facing hunger. Your generosity ensures that nutritious food reaches those in need here at home.

38% of those we serve are **children**

Healthy Meals for Fati

Fati is a lively 4th grader who lives in an apartment complex for low-income families on Santa Barbara's west side. When the Foodbank truck arrives, Fati likes to help sort, count and divide the food among crates for each apartment. She and her friends then deliver the food to each family's door.



One crate of food might not seem like a lot to us, but to Fati it means having enough to eat so she can do well in school and sleep well at night during those tough weeks when her parents' paychecks run out or the bills get paid.



With your help, Fati receives nutritious food she can count on.

Picnic in the Park

You helped end summer hunger in 2017



The Foodbank provided nutritious lunches and fun physical activities for kids in Santa Barbara County when

no school = no lunch

1 in 5 children in SB County

11 sites for **10** weeks

1,204 children received lunch

31,433 lunches were served



Veggie Adventure

How the Foodbank collaborates with

1. Men at Sunset Recovery Farm in Lompoc raise organic produce.

2. 35 Foodbank volunteers sign up for a Saturday glean with our Backyard Bounty Program.



3. Live worms = no pesticides. Looks ugly, but this corn is super healthy!

4. Harvest in 3 hours; 1,229 lbs of corn, plus butternut squash & green beans!



Keeping Our Seniors Healthy

Through our Brown Bag program, you helped provide **686,000 pounds** of wholesome food to low-income seniors.



Rocco went back to work in security, but still finds it hard to make ends meet. He appreciates staples like produce, bread, and tuna.



Marika (far right) visits with her friends at their senior residence on Brown Bag day every other week.



Your donation to the Foodbank supports

300 Nonprofit Partners

We partner with 300 nonprofits and programs to provide healthy food and nutrition education to Santa Barbara County residents in need. These partners use their expertise, energy and community connections to get good food to the right people at the right time.

foodbanksbc.org/300favoritecharities

Partner Appreciation

The Foodbank of Santa Barbara has been a saving grace for a lot of our children as you provide cooking and nutrition classes along with the Kids Farmers Market at our Club once a month. We love the Foodbank and so much appreciate all you do!

*Smiles,
Boys & Girls Club of Santa Barbara*

partners to provide fresh food to those who need it.



5. Foodbank staff weigh, store and log the produce into our computer system.

6. Partners order food online for pickup or delivery.



7. Corn reaches the Unity Shoppe, working families at a mobile home park, UCSB students, kids in Isla Vista & program participants at our east side Mobile Farmers Market.

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